

Janet Napolitano
Governor



Joey Ridenour
Executive Director

Arizona State Board of Nursing

1651 East Morten, Suite 210

Phoenix, AZ 85020

Phone (602) 889-5150 Fax (602) 889-5155

E-Mail: arizona@ncsbn.org

www.azboardofnursing.org

MEMORANDUM

Date: February 4, 2009

To: All NA Training Programs

From: Lila Van Cuyk, RN, B.S.N.
Education Consultant

RE: Substantial Changes to CNA Candidate Handbook

The annual review of the CNA Candidate Handbook was conducted on January 8, 2009, at the meeting of the Test Review Committee at the Arizona Board of Nursing.

Below is a summary of the substantial changes approved at the Board meeting on January 28, 2009. The effective date is April 1, 2009.

Skill 6 - Blood Pressure

- Step 9 which read: "Inflates cuff until Candidate no longer feels the resident's brachial pulse and inflates and additional 30 mmHg" will be changed. The NEW Step 9 will read: "Inflates cuff 30 mmHg above RN test observer provided loss of pulse."
- Step 14 which read: "Candidates recorded systolic and diastolic blood pressure is within 6mmHg of the Test Observer's." will be changed. The NEW Step 14 will read: "Candidates recorded systolic blood pressure is within 6mmHg of the test observers. Diastolic is within 8 mmHg."

Skill 12 - Mouth Care of Comatose Resident

- Step 3 which read: "Positions resident upright with head turned well to one side, as appropriate to avoid choking or aspiration or positions resident on side as appropriate to avoid choking or aspiration" will be changed. The NEW Step 3 will read: "Turns resident to a side lying position to avoid choking or aspiration."

Skill 15 – Perineal Care Female

- Add as step 3 the following

Ask the resident if they would like a third party present during the provision of perineal care.

Skill 13 - Occupied Bed, Skill 15 - Perineal Care Female, and Skill 16 - Position on Left, offered the option of using a side rail or asking the observer to stand on the opposite side of the bed. The NEW 13, 15, and 16 will have the option of the use of the side rail removed.