



Dear CNA Training Programs,

February 1<sup>st</sup>, 2021

After meeting with the TN Test Advisory Panel in January, some changes have been made to the TN CNA skills exam.

**THESE CHANGES WILL GO INTO EFFECT ON MARCH 1<sup>ST</sup>, 2021.**

Test dates on or after this date will reflect the updated skills listed below, regardless of the Candidate's training completion date. The updated **Candidate Handbook Version 18** is posted on the TN page of the website with the updates to the skills highlighted in **GRAY**. The updated Mock skills are also posted online as well.

The **MARCH 1<sup>ST</sup>, 2021** skills updates include:

- **BACKRUB** skill has been removed.
- **DRESSING A BEDRIDDEN RESIDENT** is now **DRESSING A DEPENDENT RESIDENT**
- **FEEDING A DEPENDENT RESIDENT** Prior to the actual feeding of the Resident, Candidates will have different option on how to clean the Resident's hands. Candidates will be required to perform one of the following steps:
  - Wash the resident's hands with soap and water, or
  - Apply hand sanitizer to the resident's hands, or
  - Use a wipe on the resident's hands. **(WIPES HAVE BEEN ADDED TO THE TEST SITE EQUIPMENT LIST FORM 1503)**
  - Rinses Resident's hands step has been removed
- **MAKING AN OCCUPIED BED**
  - Candidates will no longer need to verbalize good body alignment
  - Verifying good body alignment is no longer a key step
  - The mitered corners step has been removed for the Occupied Bed skill **only**. Instead of mitering corners
  - Instead, Candidates will now ensure the blankets do not constrict the Resident's feet.
  - **CANDIDATES WILL STILL NEED TO DO THE MITERED CORNERS IN THE MAKING AN UNOCCUPIED BED SKILL.**

- **MOUTH CARE - BRUSHING TEETH** Candidates can use an emesis basin or a disposable cup. They will then either rinse, dry and return the emesis basin back to storage, or they can discard disposable items (cup) in the appropriate container.
- **POSITIONING RESIDENT ON SIDE**
  - o The term **GENTLY** has been added to the steps where the Resident has been moved:
    - **GENTLY** moves Resident's upper body toward self
    - **GENTLY** moves Resident's hips toward self
    - **GENTLY** moves Resident's legs toward self
    - **GENTLY** assists/turns resident on her/his side
  - o Candidates no longer have to verbalize checking to make sure the face is not obstructed by the pillow
  - o Candidates no longer have to verbalize the Resident is in good body alignment
  - o **NEW KEY STEP ADDED AT THE END OF THE SKILL**
    - **Do not cause any discomfort or pain at any time during the procedure.**
- **RANGE OF MOTION FOR HIP KNEE**
  - o Candidates no longer have to verbalize good body alignment
- **RANGE OF MOTION FOR ONE SHOULDER**
  - o Candidates no longer have to verbalize good body alignment
- **STAND, PIVOT AND TRANSFER RESIDENT FROM BED TO WHEELCHAIR USING A GAIT BELT**
  - o Candidates no longer have to verbalize good body alignment
- **VITAL SIGN – ~~ORAL AND AXILLARY TEMPERATURE, PULSE AND RESPIRATIONS~~**
  - o Temperature has been removed from testing. There will be one skill of **VITAL SIGNS -PULSE AND RESPIRATIONS**

We will have updated skills videos that reflect the March 1<sup>st</sup>, 2021 changes posted on the website very soon. The updated handbook and mock skills are posted on the website to help prepare your students for the test.

If you have any questions about these updates, the videos or anything please don't hesitate to contact our office for assistance.

Thank you all, have a good day!

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